



Newsletter

MOBILE ADDICTION OUTREACH MAO

Our MAO staff provide one to one service for at risk and street level individuals, through referrals and cold calls they receive from the community.

We have hired a full time MAO outreach worker. We had increased referrals in the month of November/ December. MAO staff has assisted several people with getting into treatment programs in the past three months, including the use of the new transitional suite located at Willow Place.

MAO participated in events hosted by the NAAW committee for National Addictions Awareness Week. These events were serving mock tales at the GPRC college and serving supper at the Friendship Center.

If you or someone you know needs support please contact:

780-933-2224

CMHA-ANWR 2020

Canadian Mental Health Association is Celebrating 25 years serving the GP Area.

CMHA in Grande Prairie currently provides our community with five main programs and will be expanding, to provide more services like Recovery College and OSI-CAN.

It is an exciting time for our organization as we move into 2020. We will be working closely with other agencies to centralize services and better serve the people of GP.

CMHA will be moving 2 programs into a newly purchased building to expand into other locations around GP. We are looking forward to continuing to serve our amazing community for another 25 years!

Together nothing is Impossible!

Main Office
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 Grande Prairie, AB
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 info@gpcmha.ca

Support for Persons with Disabilities - SPD PROGRAM

Disability services provides one to one support for complex individuals with mental health and /or addiction issues.

On October 29th First aid training was provided for 6 Program Participants.

We had relationship building events for our support staff in the month of November

Clients and staff Christmas party in December

Use of the Client Engagement Room:

Clients utilize this room to have more interaction/building friendships with others and also with building Staff and client relationships/interactions and doing activities together.

We've explore different cooking classes and art classes suggested by clients.

Clients have taken on more responsibility in the upkeep of this space.

Communication between clients and the support staff has improved positively.

Overall, the room has been an excellent space for all staff and clients to bond together over activities and enjoy each others company.

SPD Program

780.512.3566



HUB RESOURCE CENTER

Amazing news, the kitchen in the Hub Resource Center at Willow Place has been renovated! We are so excited to host our Easter Dinner and collective kitchen for the tenants of Willow Place in the new kitchen. We would like to take this time to Welcome our newest member Lisa D. to the team, she brings a wealth of cooking/baking knowledge, which the tenants are having fun testing her recipes.

Regarding Willow Place:

There is a new Transitional Unit available for application for those individuals leaving Detox and awaiting treatment.

LIVING LIFE TO THE FULL

HELPING YOU TO HELP
YOURSELF

Want to know how to feel happier, more confident and worry less right now? Would you like to learn new ways of dealing with what life throws at you?

8 fun 90 minute sessions

Course Information 780.814.2349

CMHA -ANWR in Our Community or Donating to Our Programs

In the last 3 months we have seen a considerable increase in community support by way of donations, volunteer applications and being invited to companies/organizations to provide Lunch & Learn presentations about CMHA-ANWR.

We are looking forward to 2020 and working closely with our community and interagency to continue making a positive impact on those in need of our support.

Looking to support individuals and our community ?

To see our sponsors, volunteer or to donate to our Programs visit our website or Please Contact Lisa St Julien Directly at 780.832.7618

Intensive Case Management

We are happy to report that there has been 0 evictions in the past 4 months.

Housing First Team is almost at capacity and only have 11 individuals left to house.

Welcome to Storm Sprague- our new Intensive case manager which means we are fully staffed now.

We continue to build relationships with landlords and successfully supported 12 individuals with obtaining safe and affordable housing in the last 3 months

We have a total of 4 individuals currently in our graduation program and a plan of 4 more going into the graduate program in the next 30 days.



Thank you to Co-op Horizons for their Generous Donation to our Programs

NEED HELP NOW?

Call The 24/7 CRISIS LINE at:

1.877.303.2642